



UNC CFAR Social and Behavioral Science Research Core SABI Database

INSTRUMENT TITLE: *Living with HIV/AIDS*

SOURCE ARTICLE: Holzemer, W. L., Spicer, J. G., Wilson, H. S., Kemppainen, J. K., & Coleman, C. (1998). Validation of the quality of life scale: Living with HIV. *Journal of Advanced Nursing*, 28(3), 622-630.

RESPONSE OPTIONS: No experience/ Not appropriate, Never/ Not True, Sometimes True, Usually True, Always True

SURVEY ITEMS:

1. It's important to be in charge of this disease
2. I have a meaningful life
3. I am comfortable and well cared for
4. It's hard to give up doing things I like
5. I want to stay home to receive treatments
6. My family is embarrassed to see me
7. I have no energy to fight back
8. I have not had a good experience with a church
9. I draw strength from my family
10. My financial situation is distressing
11. I live my life day to day
12. I want to be independent and take care of myself
13. I am afraid to die
14. I have a lot of regrets about my life
15. My medicines are taking over my life
16. My pain is hard to manage
17. I feel somewhat disconnected and alone
18. I am not enjoying life at all
19. I feel more spiritual as I near the end
20. I use my time wisely
21. It frightens me that I have so little control over my illness

TERMS OF USE:

Individuals may use this information for research or educational purposes only and may not use this information for commercial purposes. When using this instrument, please cite:

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22. I need some help to let go
23. My family does what needs to be done
24. I am afraid of pain and suffering
25. I have so many things in my life yet undone
26. Loss of my independence is very painful to me
27. I take time for the important things in life
28. I may choose to self-deliver (suicide) near the end
29. I need to make the extra effort to do special things
30. I don't have to keep fighting any more
31. I am embarrassed by the way I look
32. I want to die at home
33. Losing my looks is devastating to me
34. I don't want technology to keep me alive when I am ready to die
35. Being back in my home town would mean a lot to me
36. I feel no sense of purpose in this life
37. It is very important to be surrounded by people I love
38. I don't know about tomorrow so I live for today

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